Department of Health Promotion and Health Education

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Introduction

The mission of the Department of Health Promotion and Health Education is to instill in students the capacity to apply health promotion and health education theories, strategies, and methods to empower individuals, organizations, and communities to take action and upgrade their quality of life.

Founded in 1959, the Department of Health Promotion and Health Education is the sole institute in Taiwan dedicated to the training of health education specialists. Quality of health and prevention of disease continues to be our focus, as we believe education and counseling should come prior to treatment and rehabilitation. That is, health education is proactive health management, helping people to care for health issues in all life stages. The main task for our students is to learn health-related theories and skills and prepare for engagement in health-based career fields.

We are proud of our excellent group of teachers, 14 of whom have PhD degrees. We also offer a diverse curriculum and abundant course resources to ensure our students come well equipped to meet the levels of academic and professional expertise demanded of them after graduation.



Instructional Objectives

Undergraduate program

- Train health education teachers and health and nursing teachers for middle and high schools
- Cultivate entry-level health promotion professionals

Master's program

- Train health education teachers and health and nursing teachers for middle and high schools
- Cultivate advanced-level health promotion specialists

Ph.D. programs

- Foster academic and research professionals in health promotion for universities
- Cultivate research and administrative leaders in health promotion

Degree Requirements

Undergraduate program į

There are two programs to choose from: 1) Health Promotion in Schools and 2) Workplace Health Promotion. Both programs are comprised of professional competency courses and specialized courses, and require the completion of a minimum of 75 compulsory and elective credits to graduate. Students may work towards the development of professional skills to be used in the workforce or the academic skills to pursue an advanced degree. As for professional directions, industry worksite health is another option available to students besides education and public service.

Graduate program

Our two master's programs are 1) School Health Education and 2) Promotion Health. We also offer one PhD program. Each graduate program is comprised of foundational courses, courses in methodology, and developmental courses.



Feature of the Curriculum

- •The Department of Health Promotion and Health Education offers a public health internship that provides the opportunity to integrate classroom learning—e.g. theory and practice—in a public health work environment. Courses are designed for diverse certifications, e.g. Health Promotion Manager, Environmental Health and Safety Manager, and Senior Fitness Instructor. Courses are taught by qualified teachers and critical competencies are comprehensively taught.
- The Department aims to train pre-service teachers to be health education educators in middle schools or health and nursing teachers in high schools. There is also an opportunity to become eligible for educational programs and become a pre-service teacher for those interested.

Career Prospects

For students interested in continuing their education, studying in domestic institutes or studying aboard are both available. Institutes included the Institute of Public Health, Institute of Environmental Health, Institute of Occupational Medicine & Industrial Hygiene, Institute of Health Policy & Management, Institute of Epidemiology, and Institute of Preventive Medicine.

Professional career fields available after graduation include:

- 1.School health education teacher
- 2.Teaching and research
- 3.Industries related to health, education, environmental protection, health education training, health and medical services, mass media, or business.

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